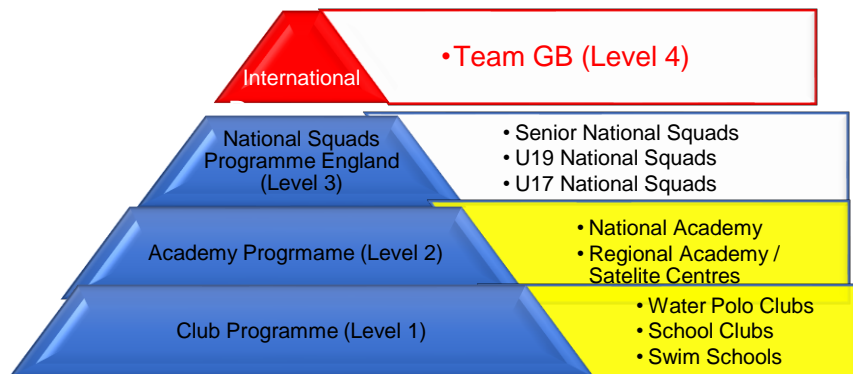


ASA Water Polo North East Talent and Performance Pathway

In line with the ASA's National Water Polo Initiatives, the Region will implement the following pathway as requested by the National Water Polo Management board from 01/10/2016

There are four levels to the National performance pathway:



Level 1 = Club Programme: - Will underpin the Academy programme and is the main stay of training for all athletes

Level 2 = Academy Programme: - This is the first step onto the talent pathway is through the 'Academy Programme', which is made up of two stages;

1. Regional Academy – monthly training within the Region
2. National Academy – quarterly training alongside National Squad weekends

Satellite Sessions It has been decided by the region to set up Satellite sessions running as part of the Regional Academy Programme these will be at Sedgefield, Sheffield and Rotherham and these will become regional satellite centres that **feed** into the Monthly Regional Academy programme for players born 2001, 2002, 2003 and 2004.

Satellite centres are as follows-

Sedgefield - Fridays Time 20.00 - 21.30 Contact : Club Secretary / Chairman - sedgefieldwp@hotmail.com
Sheffield – Sundays Time 17.30-19.00 Contact : Claudine Motley (Administrator) - meganna@sky.com
Rotherham – Friday/Sunday Time TBC Contact : Rachel Bissell (Administrator) - rbissell82@googlemail.com

Regional Academy: -The 'Regional Academy' is a monthly training programme where players train as part of a regional squad. Training sessions will be delivered by the Region and will include 1½ hours of water time alongside at least 30 minutes' land training. Funding for these sessions will come from the athletes and backed up by the region when needed if possible. Cost is £5 per session for non members.

The National Academy: Is the next step attended by selected athletes alongside the Regional Programme NB. Any athletes selected as part of the National Squads Programme are not eligible to be part of the National Academy Programmes – this will ensure a wide base of talent selection. There will be 3 sessions a year and by invitation only. Catering for players just below the England Programmes.

The National Academies will run as follows-

- Four squads
 - U14 boys (born 2003 & 2004) ** U16 boys (born 2001 & 2002) **
 - U14 girls (born 2003 & 2004) ** U16 girls (born 2001 & 2002) **

** PLEASE NOTE PLAYERS CAN MOVE UP A SQUAD BASED ON ABILITY

Level 3 = The National Squad Programme: This is for players selected to train with the England Squad Under 17, Under 19 or Senior Squads.

Level 4 = Team GB – Competing in formal International Competition

There are going to be many questions on the above pathway as it is not completely clear how some of the logistics of the above structure will roll out but we will aim to update you as we find out information. Please contact Michelle Crossley @ crossley9@gmail.com or John Stephenson @ john.stephenson40@yahoo.co.uk if you have any specific questions and we will try and answer them



North East Satellite Programme to replace the Regional Training Centres (RTCs)

Sedgefield WPC , City of Sheffield WPC and Rotherham Metro WPC will now host the NE Satellite Sessions

Weekly Satellite Sessions

For players wanting to access the Talent Pathway

U16s (Sept 2016 intake players born 2001 and 2002)

U14s (Sept 2016 intake players born 2003 and 2004)

This session forms part of the Talent Pathway as selection to represent NE at the Regional Academy Competitions will be made at a regional academy. Also selection for the National Academy and ultimately the National Squads will take place at these competitions

Sedgefield WPC Satellite session

Fridays 19:45 – 21.30

Sedgefield Satellite Head Coach – Richard Cousins

Administrator – sedgefieldwp@hotmail.com

City of Sheffield WPC Satellite session

Sundays 17.00 – 19.30

Sheffield Satellite Head Coach – Martin Kelly (Boys) – Chris Motley (Girls)

Administrator – Claudine Motley - meganna@sky.com

Rotherham Metro WPC Satellite session

Fridays/Sunday (Dates and Times TBC)

Rotherham Satellite Head Coach – Kevin Swainson

Administrator – Rachel Bissell - rbissell82@googlemail.com